

CIC 34

Community Interest Company Report

For official use
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complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

York Bike Belles Community Interest Company

Company Number

12470154

Year Ending

28 February 2026

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

York Bike Belles CIC (YBB) is an award-winning not-for-profit community organisation. We incorporated as a Community Interest Company (CIC) on 18 February 2020.

We work towards a vision of York as a healthy, green and kind city, where everyone thrives, now and in a sustainable future. Our objectives are to enable residents of all ages, abilities and life situations to walk and cycle as the natural way to get around York, while improving wellbeing, community life, green spaces, and tackling inequalities and the climate and nature crises.

In 2025/2026, we continued to develop our work in response to local need and demand, and to better deliver against our organisational objectives for the benefit of York residents.

We delivered 266 free walking, cycling and nature activities in total. Of these, 106 activities were face to face to 214 unique York residents, with 790 total attendances. Activities took the form of small group Walks, Rides, 1:1 or 1:2 Cycling Without Age Rides, Workshops, Socials, Gardening, Community events, Training, Coaching, Engagement and Communications. We worked with 41 volunteers for 460 volunteer hours, and with 30+ delivery and referral partners.

Feedback on activities was excellent – both in terms of the format of activities and their positive impact on participants' lives. Have a look at our Stats and Stories page at <https://yorkbikebelles.community/stats-and-stories/>.

Objective 1 - We increased walking and cycling

We delivered 106 inclusive walking, cycling and nature activities over the year.

In an early 2026 survey, 48% said that they were more active after involvement in activities and that they walked, cycled, or wheeled more. Many used their cars less. Elle said that the regular rides helped her mentally map out York and how to get around the city. Cycling has now become her main mode of transport. She said "I barely use my car anymore". Read more about Elle at <https://yorkbikebelles.community/the-nature-rides-were-my-lifeline/>.

Objective 2 – We improved Health and Wellbeing and reduced Health Inequalities

All our activities were carefully crafted to improve health and wellbeing, with regard to Ways to Wellbeing, Nature Connection, Nature on Prescription and Mindfulness principles.

We worked with organisations who support groups with some of the highest health inequalities, including Social Prescribing Teams, Care Homes and Refugee Action York. We promoted our work and/or ran specific activities for these groups and in those parts of the city in the lowest 20% of the Index of Multiple Deprivation. We addressed barriers to access in a range of person-centric, tailored ways. This included offering supported rickshaw rides to people with disabilities, buddy support into walks and rides, translation and interpretation on activities, online activities and digital resources. We kept our activities free to enable people on the lowest incomes to participate.

In an early 2026 survey, 100% of participants said our activities had a positive impact on their wellbeing, with 77% saying our activities had a major positive impact.

Of participants who completed a baseline survey, the majority were women (83%) and aged 50+ (60%), with a substantial number (43 - 50%) reporting physical or mental health challenges or disabilities. 13% of our participants were aged 70+, with the oldest being 104. Please note that the percentage of participants with disabilities will be higher in reality, as many participating care home residents and others with disabilities were not able to complete a survey.

Gill, a regular participant, said “it's been invaluable in so many ways. I feel healthier both physically and mentally. Following several quite serious health challenges I'd somehow lost myself. In a world of increasing complexity, it's a joy to reconnect with the simple things we often overlook.” Read more about Gill at <https://yorkbikebelles.community/its-been-a-transformative-journey/>.

Objective 3 – We connected York Residents with nature and improved biodiversity in public green spaces

Most of our activities were nature-based as part of our Take the Green Route! project. Nature activities included Nature Walks, Rides, Cycling Without Age Nature Rides, new Wild Gardening sessions and Workshops, weekly social media communications, Nature Calendar online activities, a Nature WhatsApp group and Community Engagement events. We worked with consultants to deliver Workshops in Wildlife Gardening and Nature Journaling.

In an early 2026 survey, 68% of participants said that they felt more connected to nature. 97% said their relationship with nature has improved and that they have learnt more about the natural world. 49% of participants said they were now caring more for nature.

We also improved the biodiversity of three public green spaces along walking and cycling routes as part of Take the Green Route! project, with two grassland areas being converted to wildflower meadows and a hedgerow gap filled with new hedging trees and wildflowers. Find out more about these new Wilder Spaces at <https://yorkbikebelles.community/wilder-spaces/>.

Emma, another regular participant, really enjoyed our wild gardening sessions. She has applied her new skills and knowledge to develop a more biodiverse communal garden in her block of flats. Emma laughed as she said “I've always wanted a little garden. Now I'm the head gardener!” Read more about Emma at <https://yorkbikebelles.community/now-im-the-head-gardener/>

Objective 4 - We improved Community Life

Our group activities encouraged people to get outside in nature and come together with a wide range of other people in the community. We integrated opportunities for socialising into most activities. Our new Nature Walks and Socials had the specific aim of encouraging people to get to know each other better.

Our 41 community volunteers delivered our Cycling Without Age Rides and helped with gardening sessions, walks and community engagement.

In an early 2026 survey, 52% of participants said they now felt more connected to others and that they have more social contact. 58% of participants felt more part of their community and 42% felt less isolated.

Do have a watch of our short Take the Green Route! Video. You'll hear from a wide range of participants enjoying walking, cycling and connecting with nature and people in their community at <https://www.youtube.com/watch?v=ZuwY0ve8fJA>.

Objective 5 - We improved our Organisational Resilience and Sustainability

- We developed our learning and skills in digital media, communications, event management, team working, accessible walk and ride leading, nature-based wellbeing, wildlife gardening and improving the biodiversity of community green spaces.
- We developed our expertise in creating digital resources with new digital Nature Maps, an Audio Trail and an Open University OpenLearn Create elearning course. Have a look at our new resources at <https://yorkbikebelles.community/nature-maps-audio-trails-and-e-learning-course/>.
- We worked with a professional evaluator to develop our skills in developing evaluation reports. Enjoy our Take the Green Route! Evaluation Report at <https://yorkbikebelles.community/wp-content/uploads/2026/03/ttgr-evaluation-report-final.pdf>
- We continued to improve our consultation processes to ensure our services were responding to local need and shaped by local people, with ongoing regular feedback, formal surveys, informal conversations and participation in community networks and city-wide community events.
- We widened our support and networks within the York community with an increase in delivery and referral partners. We developed an excellent partnership with Yorkshire Wildlife Trust.

We were able to offer our activities free of charge to York residents, thanks to income from grants and donations. In this period, we were grateful for financial support from the Postcode Neighbourhood Trust and The National Lottery Heritage Fund and donations from local organisations The Cyclist and the Fulford Show. We were also grateful to our main delivery partners and sponsors Cycle Heaven bike shop who provided free of charge delivery support.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company’s stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our external stakeholders are York residents, activity participants, funders, and local delivery and referral Partner Organisations. In 2025/ 26, Partner Organisations included Cycle Heaven, Yorkshire Wildlife Trust, City of York Council, University of York, St Sampson’s Centre, Local Area Coordination Team, Refugee Action York and York’s CVS’s Social Prescribing Team.

We have been consulting with and responding to York residents, participants and organisations across York on an ongoing basis for the last 13 years. This means that our services are always based on current local need and demand. We consult in many ways. We consult through Annual Involvement Surveys that are freely accessible on the website. The surveys are sent to all participants, partners, our mailing list and promoted via Social Media. We obtain feedback from participants and partners after each activity, and participate in community networks and city-wide community events. We also hold conversations at community events and when out and about in the community.

In 2025/26, we continued to deliver our Take the Green Route! nature activities. We made sure these activities continued to be shaped by local people and organisations, with requests for feedback after every activity, baseline surveys after first participation, follow up surveys at the end of the year, plus regular informal conversations.

We discuss and incorporate all feedback into current schemes and the planning of future schemes at regular operational meetings. Feedback from participants and Partner Organisations also informs our funding proposals.

(If applicable, please just state “A social audit report covering these points is attached”).

PART 3 – DIRECTORS’ REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

One of our Directors was paid £27,100 for services to the Company.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made.
No transfer of assets has been made.

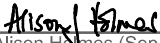
(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed


Alison Holmes (Sep 7, 2026 09:29:18 GMT+1)

Date

07/09/2026

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Director	
50 Trafalgar Street, York, YO23 1HZ	
Tel 07581 149056	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)

York Bike Belles Community Interest Company - Computation

Name: **York Bike Belles Community Interest Company**

Company number: **12470154**

Tax reference: **1524714858**

Period: **01/03/2025 to 28/02/2026**

A. Corporation Tax

B	Trading profits	£1,422
C	Trading losses brought forward and used against profits	(£1,422)
	Net trading profits	£0
	Profits chargeable to corporation tax	£0

B. Trading profits

	Profit/(loss) per accounts	(£903)
	Add disallowable expenses	
B1	Depreciation	£2,325
		£
		£2,325
B2	Capital allowances	£0
	Trading profit	£1,422

B1. Depreciation

	Per Accounts	Amount Disallowed
Depreciation	£2,325	£2,325
	£2,325	£2,325

B2. Trading capital allowances

B3	Plant & machinery - Main pool	£0
		£0

B3. Plant & machinery - Main pool

Written down value carried forward	£0
Total allowances/(charges)	£0

C. Loss reconciliation

Brought forward trading losses arising on or after 1 April 2017	£4,213
Brought forward losses used against trading profits	(£1,422)
Unused trading losses arising after 1 April 2017 to carry forward	£2,791

D. Statement of losses deduction allowance

Deduction allowance	£5,000,000
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