



York Bike Belles
Community Interest Company

Annual Report and Unaudited Accounts

For the year ending 28 February 2026

Company Registration Number: 12470154

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Company Information

For the year ending 28 February 2026

Company Name:	York Bike Belles Community Interest Company
Governance Structure:	Company limited by guarantee
Company Registration Number:	12470154 (England and Wales)
Registered Office Address:	50 Trafalgar Street York North Yorkshire YO23 1HZ
Directors:	Dawn Barker Gabriella Gorin Helena Margaret Groom Gillian Angela Harber Alison Janet Holmes Sheridan Kate Piggott
Accountants:	Equilibrium Accountants Ltd 48 Goodramgate York North Yorkshire YO1 7LF

Directors' Report

For the year ending 28 February 2026

The directors present their report and accounts for the year ending 28 February 2026.

Principal Activity

The principal activity of the community interest company during the year was to promote walking and cycling, as a way of improving wellbeing, community life, green spaces and tackling inequalities and climate and nature crisis, in the city of York.

Directors

The following directors were appointed during the year:

- Dawn Barker
- Gabriella Gorin
- Helena Margaret Groom
- Gillian Angela Harber
- Alison Janet Holmes
- Sheridan Kate Piggott

Directors Statement

York Bike Belles CIC is an award-winning not-for-profit community organisation. We incorporated as a Community Interest Company (CIC) on 18 February 2020.

We work towards a vision of York as a healthy, green, and kind city, where everyone thrives, now and in a sustainable future. Our objectives are to enable residents of all ages, abilities, and life situations to walk and cycle as the natural way to get around York, while improving wellbeing, community life, green spaces, and tackling inequalities and the climate and nature crises.

In 2025/2026, we continued to develop our work in response to local need and demand, and to better deliver against our organisational objectives for the benefit of York residents.

We delivered 266 free walking, cycling and nature activities in total. Of these, 106 activities were face to face to 214 unique York residents, with 790 total attendances. Activities took the form of small group Walks, Rides, 1:1 or 1:2 Cycling Without Age Rides, Workshops, Socials, Gardening, Community events, Training, Coaching, Engagement and Communications. We worked with 41 volunteers for 460 volunteer hours, and with 30+ delivery and referral partners.

Feedback on activities was excellent – both in terms of the format of activities and their positive impact on participants' lives. Please visit our Stats and Stories page at: <https://yorkbikebelles.community/stats-and-stories/>.

Objectives and Activities

Objective 1 - We increased walking and cycling

We delivered 106 inclusive walking, cycling and nature activities over the year.

In an early 2026 survey, 48% said that they were more active after involvement in activities and that they walked, cycled, or wheeled more. Many used their cars less. Elle said that the regular rides helped her mentally map out York and how to get around the city. Cycling has now become her main mode of transport. She said, "I barely use my car anymore". Read more about Elle at <https://yorkbikebelles.community/the-nature-rides-were-my-lifeline/>.

Objective 2 - We improved Health and Wellbeing and reduced Health Inequalities

All our activities were carefully crafted to improve health and wellbeing, with regard to Ways to Wellbeing, Nature Connection, Nature on Prescription and Mindfulness principles.

We worked with organisations who support groups with some of the highest health inequalities, including Social Prescribing Teams, Care Homes and Refugee Action York. We promoted our work and/or ran specific activities for these groups and in those parts of the city in the lowest 20% of the Index of Multiple Deprivation. We addressed barriers to access in a range of person-centric, tailored ways. This included offering supported rickshaw rides to people with disabilities, buddy support into walks and rides, translation and interpretation on activities, online activities and digital resources. We kept our activities free to enable people on the lowest incomes to participate.

In an early 2026 survey, 100% of participants said our activities had a positive impact on their wellbeing, with 77% saying our activities had a major positive impact.

Of participants who completed a baseline survey, the majority were women (83%) and aged 50+ (60%), with a substantial number (43 - 50%) reporting physical or mental health challenges or disabilities. 13% of our participants were aged 70+, with the oldest being 104. Please note that the percentage of participants with disabilities will be higher in reality, as many participating care home residents and others with disabilities were not able to complete a survey.

Gill, a regular participant, said "it's been invaluable in so many ways. I feel healthier both physically and mentally. Following several quite serious health challenges I'd somehow lost myself. In a world of increasing complexity, it's a joy to reconnect with the simple things we often overlook." Read more about Gill at <https://yorkbikebelles.community/its-been-a-transformative-journey/>.

Objective 3 - We connected York Residents with nature and improved bio-diversity in public green spaces

Most of our activities were nature-based as part of our Take the Green Route! project. Nature activities included Nature Walks, Rides, Cycling Without Age Nature Rides, new Wild Gardening sessions and Workshops, weekly social media communications, Nature Calendar online activities, a Nature WhatsApp group and Community Engagement events. We worked with consultants to deliver Workshops in Wildlife Gardening and Nature Journaling.

In an early 2026 survey, 68% of participants said that they felt more connected to nature. 97% said their relationship with nature has improved and that they have learnt more about the natural world. 49% of participants said they were now caring more for nature.

We also improved the biodiversity of three public green spaces along walking and cycling routes as part of Take the Green Route! project, with two grassland areas being converted to wildflower meadows and a hedgerow gap filled with new hedging trees and wildflowers. Find out more about these new Wilder Spaces at <https://yorkbikebelles.community/wilder-spaces/>.

Emma, another regular participant, really enjoyed our wild gardening sessions. She has applied her new skills and knowledge to develop a more biodiverse communal garden in her block of flats. Emma laughed as she said "I've always wanted a little garden. Now I'm the head gardener!" Read more about Emma at <https://yorkbikebelles.community/now-im-the-head-gardener/>

Objective 4 - We improved Community Life

Our group activities encouraged people to get outside in nature and come together with a wide range of other people in the community. We integrated opportunities for socialising into most activities. Our new Nature Walks and Socials had the specific aim of encouraging people to get to know each other better.

Our 41 community volunteers delivered our Cycling Without Age Rides and helped with gardening sessions, walks and community engagement.

In an early 2026 survey, 52% of participants said they now felt more connected to others and that they have more social contact. 58% of participants felt more part of their community and 42% felt less isolated.

Do have a watch of our short Take the Green Route! Video. You'll hear from a wide range of participants enjoying walking, cycling and connecting with nature and people in their community at <https://www.youtube.com/watch?v=ZuwY0ve8fJA>.

Objective 5 - We improved our Organisational Resilience and Sustainability

- We developed our learning and skills in digital media, communications, event management, accessible walk and ride leading, nature-based wellbeing, environmental conservation, wildlife gardening and improving the biodiversity of community green spaces.
- We developed our expertise in creating digital resources with new digital Nature Maps, an Audio Trail and an Open University OpenLearn Create elearning course. Have a look at our new resources at <https://yorkbikebelles.community/nature-maps-audio-trails-and-e-learning-course/>.
- We worked with a professional evaluator to develop our skills in developing evaluation reports. Enjoy our Take the Green Route! Evaluation Report at <https://yorkbikebelles.community/wp-content/uploads/2026/03/ttgr-evaluation-report-final.pdf>
- We improved our consultation processes to ensure our services were responding to local need and were shaped by local people, with ongoing regular feedback, formal surveys, informal conversations and participation in community networks and city-wide community events.
- We widened our support and networks within York community with an increase in delivery and referral partners. We developed an excellent partnership with Yorkshire Wildlife Trust.

We were able to offer our activities free of charge to York residents, thanks to income from grants and donations. In this period, we were grateful for financial support from the Postcode Neighbourhood Trust and The National Lottery Heritage Fund and donations from local organisations The Cyclist and the Fulford Show. We were also grateful to our main delivery partners and sponsors Cycle Heaven bike shop who provided free of charge delivery support.

Financial Accounts

Please note, that as the accounts are being prepared in accordance with FRS 105, the Financial Reporting Standards applicable to the micro-entities regime, our operating deficit for the year of £903 is referred to as a loss. In line with our status as a Community Interest Company, as defined under the Company (Audit, Investigations and Community Enterprise) Act 2004, any profit will be designed towards the company's overall social objectives and no distributions will be made.

Going Concern

Since the current year deficit has only been generated because of depreciation against assets that have already been paid for, the directors expect the company to continue to trade for the foreseeable future and have therefore prepared these financial statements on a going concern basis.

Further to this, the company has received grant funding of £21,509 from the Postcode Neighbourhood Trust towards the continued delivery of walking, cycling and nature activities, which will support its continued operations into the next financial year.

Charitable and Political Donations

During the financial year, no political or charitable donations were made.

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standard and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit and loss of the company for that period.

In preparing these accounts, the directors are required to:

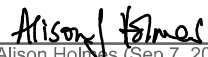
- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent, and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small Company Provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the Board of Directors


Alison Holmes (Sep 7, 2026 09:29:18 GMT+1)
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Alison Janet Holmes
Director

Approved by the board on 07/09/2026

Accountants' Report

For the year ending 28 February 2026

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of York Bike Belles Community Interest Company for the year ending 28 February 2026 as set out on pages 9 – 12 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements, which are detailed at icaew.com/membershiphandbook.

This report is made solely to the Board of Directors of York Bike Belles Community Interest Company, as a body, in accordance with the terms of our engagement letter dated 8 September 2021. Our work has been undertaken solely to prepare for your approval the accounts of York Bike Belles Community Interest Company and state those matters that we have agreed to state to the Board of Directors of York Bike Belles Community Interest Company, as a body, in this report in accordance with AAF 07/16 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than York Bike Belles Community Interest Company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that York Bike Belles Community Interest Company has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of York Bike Belles Community Interest Company. You consider that York Bike Belles Community Interest Company is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the accounts of York Bike Belles Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



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Nicola Ainscough FCA BSc
Managing Director

Equilibrium Accountants Ltd
48 Goodramgate
York
North Yorkshire
YO1 7LF

17 August 2026

Income Statement

For the year ending 28 February 2026

	Year ending 28 Feb 2026	Year ending 29 Feb 2025
	£	£
Turnover	52,770	64,527
Other Income	-	-
Cost of raw materials and consumables	(2,878)	(6,553)
Staff costs	(42,500)	(49,725)
Depreciation and other amounts written off assets	(2,325)	(2,325)
Other charges	(5,970)	(7,520)
Tax	-	-
Profit / (Loss)	(903)	(1,596)

The notes on pages 11-12 form a part of these financial statements.

Statement of Financial Position

For the year ending 28 February 2026

	Notes	Year ending 28 Feb 2026 £	Year ending 29 Feb 2025 £
Fixed assets		0	2,325
Current assets		14,134	1,021
Prepayments and accrued income	7	10,681	863
Creditors: amounts falling due within one year		-	-
Net current assets (liabilities)		24,815	1,884
Total assets less current liabilities		24,815	4,209
Creditors: amounts falling due after more than one year		-	-
Provision for liabilities		-	-
Accruals and deferred income	8	(21,929)	(420)
Net assets		2,886	3,789
Capital and reserves	9	2,886	3,789

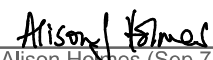
The notes on pages 11-12 form a part of these financial statements.

For the year ending 28 February 2026, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, the Financial Reporting Standard applicable to the Micro-entities Regime.

Approved by the board on 07/09/2026


 Alison Holmes (Sep 7, 2026 09:29:18 GMT+1)
 Alison Janet Holmes
 Director

Company Registration No: 12470154

Notes to the Financial Statements

For the year ending 28 February 2026

1. STATUTORY INFORMATION

York Bike Belles Community Interest Company is a private company, limited by guarantee without share capital, registered in England and Wales, registration number 12470154. The registered office and principal place of business is 50 Trafalgar Street, York, North Yorkshire, YO23 1HZ

2. COMPLIANCE WITH ACCOUNTING STANDARDS

The financial statements have been prepared in accordance with the Companies Act 2006 and FRS 105, the Financial Reporting Standard applicable to the Micro-entities Regime.

3. DIRECTORS' ADVANCES, CREDIT AND GUARANTEES

During the year one of our directors was paid £27,500 for services to the company. No other benefits, in the form of advances, credits, and guarantees, were conferred upon the directors of the company.

4. GUARANTEES AND OTHER FINANCIAL COMMITMENTS

During the year no guarantees or other financial commitments were made.

5. AVERAGE NUMBER OF EMPLOYEES

During the year the average number of employees was 1 (2025: 1).

6. ACCOUNTING POLICIES

Basis of accounting

The financial statements are prepared on a going concern basis, under the historical cost convention.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Revenue Recognition

Revenue is recognised in respect of non-government non-exchange transactions, donations, and funds received for goods and services supplied during the financial period on receipt.

Non-government grants have been recognised on an accrual basis, using the performance model. Government Grants have been recognised using the accrual model.

Fixed Assets

All fixed assets are capitalised and included, at cost, including any incidental expenses of acquisition.

Depreciation is provided on tangible fixed assets at rates calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Bikes	25% Straight Line
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7. PREPAYMENTS AND ACCRUED INCOME

Using the accrual method, the following grants, received during the financial year, have been classified as accrued income to recognise the income received after the year end where the conditions for receipt were highly probable to be met.

	Year ending 28 Feb 2026 Total £	Year ending 29 Feb 2025 Total £
Prepayments		
Insurance	597	863
ICO	49	-
WordPress	55	-
Deferred Income		
The National Lottery Heritage Fund	9,980	-
	<u>10,681</u>	<u>863</u>

8. ACCRUALS AND DEFERRED INCOME

Using the accrual method, the following grants, received during the financial year, have been classified as deferred income to recognise the income received on a systemic basis over the period in which related costs will be incurred.

	Year ending 28 Feb 2026 Total £	Year ending 29 Feb 2025 Total £
Accrual		
Accountancy Fees	420	420
Deferred Income		
The National Lottery Heritage Fund	-	-
Postcode Neighbourhood Trust	21,509	-
	<u>21,929</u>	<u>420</u>

9. CAPITAL AND RESERVES

Using the accrual method, some of the reserved funds, may have been classified as deferred income to recognise the income received on a systemic basis over the period in which related costs will be incurred. Therefore, only the residual un-deferred income and unreserved funds are recognised in the capital and reserves balance in the accounts.

	Year ending 28 Feb 2026 Total £	Year ending 29 Feb 2025 Total £
Reserved Funds		
The National Lottery Heritage Fund	223	-
J Selby	535	-
Unreserved Funds		
General	2,127	3,789
	<u>2,885</u>	<u>3,789</u>