

Take the Green Route!

Walk and Wheel

Nature Routes 1 and 2

Time - about 1 hour, Distance - 1 mile

Key



Toilets

— Route with hard surface



Café

- - - Route with footpath, stile or steps



1. Terry Avenue and Rowntree Park

- 1 Start on the Millennium Bridge. With the bridge arch behind you, turn left, then right along Terry Avenue. Can you hear birdsong on the tree-lined Avenue?
- 2 Pause at the riverside seating opposite the Park gates. What can you see on the river? Go through the gates to the ponds.
- 3 Who's on the ponds? Turn left around the ponds. Go ahead for a hard-surfaced route back, or turn left into the Wood.
- 4 Pause at the log circle. Sit, and breathe deeply. What can you see and hear? How do you feel? Go over the stile.
- 5 Explore the Wildlife Area!



Rowntree Park

← New Walk



← Cycle Heaven

Millennium Bridge



2. New Walk and Riverside



- 1 Start on the Millennium Bridge. Pause, and take in the view of the river and sky. With the bridge arch behind you, turn right, then left along New Walk.
- 2 Linger on the viewing platform near Pikeing Well. Who's on the river?
- 3 Pause by one of the old trees lining the route. Notice the bark. How does it feel?
- 4 Continue to the Blue Bridge. Sit, and breathe deeply. What can you see, hear, and smell?
- 5 Return along New Walk for a hard-surfaced route back, or take the footpath under the trees. Can you find York's famous Tansy Beetle by the riverside?

