

Take the Green Route!

Walk and Wheel

Nature Routes 3 and 4

Time - about 1 to 1.5 hours, Distance - 1 to 1.5 miles

Key

- Route with hard surface
- - - Route with footpath, stile or steps



3. Nun Ings

- 1 Start on the Millennium Bridge. Can you feel a breeze on your face? With the bridge arch behind you, turn left, then left along the tree-lined route.
- 2 Sit on the bench under the Lime trees. Breathe deeply. Can you hear any birds?
- 3 As you continue, look around you. Can you find the 'lying down' Oak tree?
- 4 Carry on to the huge dead tree by the route. Touch the bark. Is there anything growing or living on it?
- 5 Return the same way for a hard-surfaced route back, or continue ahead on the footpath. Explore Nun Ings meadow!



4. St Oswald's Hall and Danesmead Wood



- 1 Start on the Millennium Bridge. Sit for a while. Can you see or hear any birds? With the bridge arch behind you, turn right, then follow the tree-lined route to the right.
- 2 How does it feel to be immersed in Lime trees? At the far end, go right to Love Lane.
- 3 Linger under the curving branches of trees by St Oswald's Hall (private). Return the same way for a hard-surfaced route back, or follow the footpath around the Hall. Head across the field and into Danesmead Wood.
- 4 Wander through the Wood. Can you find the old Sycamore tree? Pause, and breathe deeply. What can you see, hear and smell? Continue out of the Wood.
- 5 Return to your start across the Millennium Fields.

Millennium Bridge

1

1

2

5

3

4

4

2

3

Millennium Fields

Danesmead Wood

Love Lane

St Oswalds Hall

