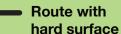
Take the Green Route!

York Nature Walk and Wheel Routes 1 and 2

Time - about 1 hour, Distance - 1 mile

Key







Route with footpath, stile or steps









1. Terry Avenue and **Rowntree Park**

- Start on the Millennium Bridge. With the bridge arch behind you, turn left, then right along Terry Avenue. Can you hear birdsong on the tree-lined Avenue?
- Pause at the riverside seating opposite the Park gates. What can you see on the river? Go through the gates to the ponds.
- Who's on the ponds? Turn left around the ponds. Go ahead for a hard-surfaced route back. or turn left into the Wood.
- Pause at the log circle. Sit, and breathe deeply. What can you see and hear? How do you feel? Go over the stile.
- Explore the Wildlife Area!

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2. New Walk and Riverside



- Start on the Millennium Bridge. Pause, and take in the view of the river and sky. With the bridge arch behind you, turn right, then left along New Walk.
- Linger on the viewing platform near Pikeing Well. Who's on the river?
- Pause by one of the old trees lining the route. Notice the bark. How does it feel?
- Continue to the Blue Bridge. Sit, and breathe deeply. What can you see, hear, and smell?
- Return along New Walk for a hard-surfaced route back, or take the footpath under the trees. Can you find York's famous Tansy Beetle by the riverside?

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